The A-level results are out tomorrow – a stressful time for everyone, so make sure you’re prepared if it doesn’t go quite as well as expected. As GUILIA CRUDD found out, it’s not the end of the world and plenty of options are available to help you get that dreamt-of university place.

**The results story so far**

**By Sasha Brown, Community family care**

The issue of biting is fairly common in young children, and for parents it can feel very stressful to try to manage. The National Society of Children's Protection (NSPCC) have reported that the issue of biting is fairly common in young children, and for parents it can feel very stressful to try to manage. It seeks to improve parents' understanding of their child. It says parents can feel very stressed when they think about managing their child’s behaviour. The NSPCC report that around 25% of children aged 2-4 years old bite in some way.

The report also found that parents are more likely to bite if they feel anxious or stressed. The report also found that parents are more likely to bite if they feel anxious or stressed. If you want to talk to someone about your child’s biting, visit how2become.com.

**A-level NERVES?**

As a parent, when is your A-levels on the way? It’s a life-changing moment. If you don’t do as well as you expected, remember that it’s not the end of the world. Talk to someone about what to do next, such as what to do next, such as what to do next.

**Top tips for results day**

1. Don’t panic. Not getting enough sleep the night before will only make you more nervous, so make sure you get plenty of rest.
2. Don’t panic. Not getting enough sleep the night before will only make you more nervous, so make sure you get plenty of rest.
3. Don’t panic. Not getting enough sleep the night before will only make you more nervous, so make sure you get plenty of rest.
4. Facing the results on that page is a life-changing moment. If you don’t do as well as you expected, remember that it’s not the end of the world. Talk to someone about what to do next, such as what to do next, such as what to do next.
5. University isn’t the only option. Many people go on to find out more about the subject you want to study, or to find out more about the subject you want to study, or to find out more about the subject you want to study.

**Fingers crossed for good news tomorrow.**

**Family Matters**

**Is your child a biter? Follow these tips on how to cope from SASHA BROWN of Community Family Care**

If your child’s behaviour is a concern, you may need to seek advice from your local Connexions service. Connexions provide careers advice. For more information about child care, visit www.lisbonsecures.org.uk

**Removal**

If your child has bitten another child, it is important to remove them from the situation straight away. Calming them down will help them to realize what they have done. Get your child to calm down on the edge of the activity. If this happens each time they bite, your child needs to start to develop alternative ways of managing their emotions instead of biting. Most importantly, parents can learn to be more patient with their children and how to help them learn. Ask the expert

**Ask the expert**

**Q** I’ve noticed my four-year-old daughter always sits very close to the television and I worry she needs glasses. What I want to have her vision screened at school, or take her for an eye examination?

**Daniel Hardiman-McCartney, clinical adviser to the Vision Foundation**

There are several signs that a child may have a problem with their vision. These signs include:

- Problems keeping their eyes focused on one point
- Strabismus - an eye movement abnormality
- Rubbing or scratching one eye
- Tearing more than usual
- Signs that the child is the one to make it the one for you.

**HNDs and apprenticeships.**

8. Finally, think about careers. Whether you do or don’t achieve the results you want, you’re still working hard.

**Styles steal**

**Style steal**

**The summer holidays fly by and before you know it, your child is back at school again.**

- **3 of the best for super scooting**
- **Neon Dot Micro Safety Helmet**
- **Dinosaur Scootdealz**

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